# Wyndham Oaks Health Program

Administered By: M. Elizabeth Reese, D.V.M., CO. 18101 Cattail Road Poolesville, MD 20837 301-349-5710

Wyndham Oaks requires that all horses be on a consistent program of vaccinations and deworming. Our health program, which was designed by Dr. Elizabeth Reese, the farm's veterinarian, consists of (two rounds of spring and one round of fall vaccinations and (b) a regular de-worming schedule using a rotation of Panacur, Ivermectin and Strongid.

We divide vaccinations up into three rounds for two reasons.

- 1. It spreads out the vaccines through the season to ensure maximum protection before the threat of disease occurs (for example, all horses will have their vaccine series completed before mosquito season begins)
- 2. By spreading the vaccines apart, it reduces adverse affects such as swelling/stiffness and gives Wyndham Oaks' staff time to observe for vaccine related reactions.

(There is also a round of vaccines recommended in June for horses that travel or show frequently.)

You will find that this program is substantially similar to the programs recommended by most of the veterinarians in the area. While we do not require that you use the farm's vet for the program, there are some benefits to doing so. The program is further outlined below.

#### Health Program Scheduling

There are several options for your management of the health program. The option you select will depend on your choice of vet for your horse. The first choices deal with vaccinations.

# 1. The Wyndham Oaks' vet, Dr. Reese, administers vaccines on the health program.

In this situation, the manager will schedule Dr. Reese's visit and notify you in advance of the date and time. The farm call will be split (by the number of horses receiving service) and Dr. Reese will bill you directly. If you would like vaccines outside of the regular health program, please e-mail the manager and she will include those in Dr. Reese's schedule.

Unless your vet is one who requires that they do "all or nothing", we recommend this option. It makes everyone's life a lot easier.

2. Your vet of choice comes and administers the vaccines listed on our health program. You will receive the same notice as the boarders on the Wyndham Oaks health program. As soon as you receive that notice, you are responsible for scheduling your vet to complete no less than the required vaccinations. Vaccines must be administered within the same week of our regularly scheduled vaccines. This is done to protect the health of all horses that live on the farm. You must let the manager know of the date and time to expect your vet. Under either option, please let us know if your horse has any known reactions to vaccines.

# **Spring Vaccinations Round 1**

<u>Feb./March</u> Eastern/Western Encephalomyelitis Tetanus Influenza Rhinopneumonitis Potomac Fever #1 Rabies

# Spring Vaccinations Round 2

April/May Potomac Fever #2 West Nile Virus Strangles

### Summer Vaccines

June Optional, however, recommended if your horse travels frequently Influenza Rhinopneumonitis

# Fall Vaccinations

Oct./ Nov. Influenza Rhinoneumonitis West Nile Virus booster (if needed due to extended mosquito season)

# How the Vaccines Prevent the Illnesses

# Influenza/Rhinopneumonitis

Several types of vaccines are available for protection against Influenza & Rhinopneumonitis. These include an inactivated intramuscular (IM) Flu/Rhino combination vaccine, an inactivated IM rhinopneumonitis vaccine & a modified live virus intra-nasal influenza vaccine. The type of vaccine used is dependant upon availability, horses reaction (or non-reaction) and vet recommendation. Semi-annual vaccination should be adequate for pleasure horses in a closed herd. Re-vaccination every 3-4 months is recommended for horses that travel often.

# Eastern/Western Encephalomyelitis & Tetanus

Protection against both eastern & western encephalomyelitis & tetanus can be provided in one inactivated combination vaccine. This vaccine is administered in the spring to ensure maximum immunity against encephalomyelitis during the mosquito season. Tetanus is also available as a single vaccine which is commonly administered as a booster after an open skin injury to prevent tetanus (lockjaw).

# Potomac Horse Fever

The vaccine for this disease may not prevent the horse from getting it, however, it will reduce the severity of it. Due to our area's high prevalence for this disease, we require it in our health program. The vaccine is a series of 2 injections given in 1 month intervals. The shots are usually given in late Feb/early Mar. and again in late May/early June to ensure adequate immunity in the late spring/early summer. A third booster may be given to horses that are new to the area or on endemic farms.

# West Nile Virus

This vaccine has been proven to be safe & extremely effective. Horses who have never been vaccinated for this virus must receive 2 vaccines, given at 3-6 weeks intervals. Previously vaccinated horses must receive an annual vaccine +/- a booster in cases of exposure. Peak antibody levels should occur 2-4 weeks after vaccination. The goal is to achieve peak antibody levels in July/Aug./Sept.

# Strangles

The vaccine is available as an IM or an intra nasal vaccine. An IM strangles protocol involves 3 injections at 1 month intervals. The intra nasal version involves 2 doses at 3 week intervals. The type of vaccine is dependent on the horse & vet's recommendation. Re-vaccination can be done annually or semi-annually, dependent upon horse's exposure level.

# Rabies

Annual vaccination is important simply due to the fact that this is a fatal disease and is communicable to other animals & humans.

# Meet Dr. Reese

For those of you considering using Dr. Reese for any of your horse's medical needs, following is some information about her.

Dr. Elizabeth Reese studied veterinary medicine here and abroad. She is a graduate of the VA-MD Regional College of Veterinary Medicine located at Virginia Tech. Dr. Reese bases her practice in Montgomery Co. and has clients throughout the neighboring counties. In addition to being an excellent general practitioner, she is also an accomplished reproductive veterinarian. Her approach to horse health care is one of common sense and practicality with the horse's welfare a top concern.

Dr. Reese is always ready to answer a client's questions and listen to their concerns regarding their horses. She helps owners get the best out of their horses' performance whether in the show ring or the breeding shed and she helps horses get the most out of life.

Dr. Reese has her own farm, not far from Wyndham Oaks, where she breeds draft crosses for foxhunting and sport. She is an avid foxhunter, being a long standing member of the Potomac Hunt. Horses have been a part of her life since she was growing up in Potomac.

Dr. Reese can be reached at 301- 349-5710.